



Smile Savers Dentistry  
9170 Rt. 108 ~ Columbia, MD 21045  
410-730-6460 ~ fax 410-730-1092

# News to Save Your Smile

## A Word From Dr. Stewart

### Useless but Smile Provoking News:

- Mosquitos are attracted to people who just ate bananas.
- Fish cough.
- 11% of the people in the world are left handed.
- The tongue is the fastest healing part of the body.

### END OF THE YEAR SAVINGS

Dr. Stewart is offering a discount to all of you who have waited to get your treatment started. Get it going in November or December and get a substantial savings.

Call Summer to schedule. Act fast as appointment times are filling up!

Are you reading what we send you? Find the misspelled word in this month's addition of *News to Save Your Smile* and get 10% off your next cleaning appointment. The first caller to the office wins! 410-730-6460

Last month's misspelled word was "referral" (should be referral) On the front page of the Newsletter.

It's that time of the year again when the candy descends on our homes and our teeth! Here's the truth on candy and tooth decay.

Cavities are caused by bacteria which work, live and play within our mouths. These bacteria feast on food left on teeth after meals and as a result the bacteria produce acid. It is the acid which eats into tooth enamel, creating cavities. Any food containing carbohydrates can be used by the bacteria to create acid which leads to decay. So it may be that candy is no worse than other carbohydrate filled food. Candy gets a bad rap since not only is it sugar filled but it lacks other nutrients that alternative carb filled foods include.

The keys to avoiding decay and cavities all year long are:

- regular flossing and brushing, especially after meals
- Regular dental cleanings at minimum every 6 months and more frequently if gum disease is present
- Balance the carbohydrate filled foods in your diet with other nutrient filled items,
- If you have spots in your mouth that trap food, ask about spacing options on your next visit to our office.

So Happy Halloween, enjoy the tricks AND the treats!

Dr. Daniel Stewart



### Pumpkin Carving Contest

Thursday 10/29  
ALL DAY

Stop by for a Halloween Treat and put your vote in for the most creatively carved pumpkin. Each Smile Savers employee will have an entry in the contest.

## Win \$50 Best Buy Gift Card!!!! Congratulations to Anne and Cynthia, the September and October Referral contest Winners!

Did you hear? Smiles Savers will put your name in a monthly drawing for \$50 Best Buy Gift Card each time you send a friend or family member to our practice. Have your referral mention your name when they call to schedule their new patient exam. We will also give you \$100 towards your next appointment with us. Care enough to share the gift of healthy gums and teeth!

*Smiling is Infectious,  
You can catch it like the flu.  
Someone smiled at me today,  
And I started smiling too.  
-Author Unknown*



## Improve your teeth and smile more! Here is what a Smile Savers Patient had to say

Flu Season is here....be sure to wash your hands to stay healthy but smile tons and spread the feeling that you get from a smile!

**"My success story involves a slight cavity in my tooth. I called the week before to schedule an appointment. I was warmly greeted by the receptionist and Dr. Stewart. IN no time the assistant greeted me and prepared me for the filing. There was no anesthesia, to my surprise. I was cheerful, relaxed and happy with the results which took no longer than 7 minutes." RC**



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Www.SmileSaversDentistry.com

### ***Our Mission***

*We expect all of our new patients to be healthier and happier during and after their treatment. We will take responsibility for this by providing you dentistry in an atmosphere like no other dental practice. You will take ownership of your oral health and can expect to keep your teeth for your lifetime. We will provide all of this with a highly educated, competent and caring staff. We expect your care to be so good that you will refer family and friends in abundance!*

**Dr. Daniel C. Stewart**

*Has it been longer than 6 months since your last cleaning appointment?  
33% of Americans have untreated tooth decay, make sure this isn't you!  
Call us to schedule your cleaning and check up!*

**We Are on the Web**  
**[www.SmileSaversDentistry.com](http://www.SmileSaversDentistry.com)**

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