



## Useless But Smile Provoking News

- There are more than 900 different varieties of dark-red and medium-red roses
- Roses MAY be red, but violets ARE, indeed, violet.
- One in 5 men proposes on one knee.

## Thank You!

Thank you for your continuing referrals. Your referral of friends and family to our office is one of the finest compliments you can give us. We welcome them to our practice and offer them a new patient special exam price of \$197 (in absence of gum disease) which includes an exam, X-rays and consultation. And in return for your referral, you will receive a \$100 credit to your account. Your confidence in us is greatly appreciated!

## Join Us On Facebook.



“LIKE” us for news, specials, contests, photos and more!  
facebook.com/smilesaversdentistry  
Congratulations to our latest Facebook winner Kathleen Farrell of Elkridge. She won a Starbucks gift card!



Smile Savers  
DENTISTRY

smilesaversdentistry.com



*“Always remember to be happy because you never know who’s falling in love with your smile.”*  
~ Author Unknown

## “MY SSD SUCCESS STORY!”

“Thank you for making my mouth and my smile much better. I was apprehensive about getting all of my old metal fillings redone and Dr. Stewart convinced me that it was the safest thing for my teeth. I did it over some time and now that I am done I am so happy with the results.” **S.W.**

“For years I have been a big baby about going to the dentist. But in just two visits, Dr. Stewart started me on the path to improving my smile more than I thought possible. The LANAP procedure was relatively painless. I was afraid that years of avoiding the dentist had taken its toll, permanently. But I could see and feel improvements very quickly. It has been 6 months since I started and I’ve noticed huge changes. Other people have noticed too! Now I look forward to going to the dentist because I love hearing them say how great my mouth looks!” **J.B.**

## WHAT’S NEW? RELAX (OR WORK) WHILE YOU WAIT

### Complimentary WiFi and Coffee Awaits Smile Savers Patients

Come in a little early, relax and enjoy a hot cup of coffee, tea or hot cocoa by the fireplace while you wait for your appointment.



And if you need to be “wired in” while you wait for your appointment; or if you are waiting on a family member’s appointment, ask Summer for the password to our WiFi network.

## A WORD FROM DR. STEWART

### Effects of Periodontal Disease

Here is an article I came upon and thought it was something that all of my patients should know. This is why we at **Smile Savers Dentistry** take such efforts to keep you all on schedule for your re-care appointments.



Cardiovascular disease is preventable in many patients. It is estimated that 70% of the adult population in the United States has periodontal disease. Chronic inflammation, of which periodontal disease is the most common, is a leading risk factor in developing heart disease. One in two women will die because of CVD. In addition, stroke, diabetes, pancreatic cancer, pre-term low birth weight and still born babies can be linked to periodontal disease. Genetic testing has determined that the plaque that builds up below the gum line is the same plaque that deposits in the arteries and causes atherosclerosis.

Our doctors and hygienists take great care to identify and treat gum disease early to keep you and your mouth healthy. Call our office today to schedule your next appointment.

Sincerely,  
**Dr. Stewart**



## SMILE SAVERS DENTISTRY ON THE ROAD

*Dr. Mandras and CJ stopped by the Columbia Academy to discuss the importance of good dental health and habits.*



got teeth?

Ask us how to get  
a Smile Savers  
Dentistry

got teeth?  
t-shirt!



## Smile Savers February Special - Save \$100 on Snore Guard®

**Smile Savers Dentistry** is offering a special discount on the **Snore Guard®** during the month of February. It's easy to use, comfortable to wear, proven effective and FDA approved. **Snore Guard®** is a small oral appliance used only during sleep and it is professionally custom fitted right here at **Smile Savers** in about 15 minutes. No lab work or X-rays are required! **Snore Guard®** is a single piece that fits snugly over your top teeth and helps prevent the jaw and tongue from dropping back into the throat and closing off the air passage. Keeping the air-way open greatly reduces snoring. Call us today to find out more about the **Snore Guard®** and how it can help you or your partner (or both!) get a good night's sleep!



## Services Offered by Smile Savers Dentistry

*Are you scheduled for your regular check up and cleaning? If not, call us today at 410-730-6460.*

**Smile Savers Dentistry** offers Cleanings, Periodontal Treatments, Oral Cancer Screenings, Extractions, Composite Fillings (tooth colored), Invisalign (clear braces), Crowns, Root Canals, Bridges, Dentures, Implants, Pain Free Laser Gum Surgery (LANAP), Night Guards, Veneers, TMJ Treatment, and Teeth Whitening. We also handle emergency dental issues.

## Mission Statement

At **Smile Savers Dentistry**, we expect all of our patients to be healthier and happier during and after their treatment. We believe that a healthy mouth helps to make a healthy body. We will help you take care of your oral health and keep your teeth looking beautiful and feeling healthy for as long as you are a patient of ours. Our highly educated, competent and caring staff will take part in your oral health by providing you optimal dentistry in an atmosphere like no other dental practice in Howard County. We expect your care to be so good that you will refer family and friends in abundance!