



*"If you have only one smile in you,
give it to the people you love."*
~ Maya Angelou

Useless But Smile Provoking News

- When taking a bite into a chocolate bunny, 76% of Americans prefer to bite off the ears first.
- The White House Easter Egg Roll has been a tradition since 1878.
- The custom of giving eggs at Easter has been traced back to Egyptians, Persians, Gauls, Greeks and Romans, to whom the egg was a symbol of life.
- Each year 16 billion jelly beans and 90 million chocolate bunnies are made specifically for Easter each year.



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STRING FLOSS NOT UP TO PAR WITH WATER FLOSS

But Flossing *Shouldn't* Be Ignored

Oral hygiene instructions always begin with tooth brushing even though periodontal disease begins **between** the teeth. And since cleaning between the teeth with floss is more difficult and tedious than brushing, most people rarely use dental floss.

A recent study on the effects of flossing compared the effects of using traditional waxed string floss to that of flossing with a Water Pik. While plaque reduction scores showed no major differences at any point in the study, the Water Pik group showed a 15-25% reduced amount of bleeding of the gums over a four week period. While the Water Pik flossing proved to be more effective than waxed floss for bleeding, there was still a reduction of 13% within the trial period of those who used the waxed floss.

For healthy teeth and a healthy mouth, make sure you are brushing AND flossing and keep up with your cleanings here at **Smile Savers!** **Smile Savers** also sells the Viajet Pro in the office. The Viajet is better than the WaterPik and offers a few more features. Ask Summer for more information the next time you are in the office.

"MY SSD SUCCESS STORY!"

"Getting my fillings was extremely fast and absolutely painless. I definitely felt like I was in the care of skilled professionals. I'm actually looking forward to my next visit. Great work!" **S.D.**



"S is for Smile Savers Dentistry.
S is for the superior staff.
S is for super excellent Dr. Stewart.
S is for the sincereness of all.
S is for my superb smile!" **J.A.**

A WORD FROM DR. STEWART

Amalgams...

What is a "silver filling?" Well, it is called an amalgam in dental terms. There has been a lot of controversy about them through the years.

One of the main components of these fillings is mercury, a known poison. I have not placed one of these types of fillings since 1994 because of this and because of the fact that they expand over time. I admit they are very long lasting but they ultimately expand so much that they will destroy your tooth.

Many of you have had these replaced by me because I don't want them to wedge your teeth apart and ultimately cause you to need a crown. Twenty-two years ago, I had all of my metal fillings replaced with composite fillings and they are still looking good and I am crown free.

If you have metal fillings that are greater than 15 years old you should think about replacing them to hold off the necessity of crowning your teeth, or protecting you from ever needing one. It sure is a lot more conservative than the other alternative.

Regards,
Dr. Stewart



NEW FACES IN THE OFFICE

Smile Savers Welcomes Ashley Likourgos to Our Staff

Ashley is a Certified Dental Assistant who is also CPR and Radiology Certified. She has been working in the dental field for over six years. Ashley grew up in the Severn/Glen Burnie area and is married with a daughter. In her spare time she enjoys spending time with her family, watching movies, scrapbooking and taking rides on her Harley.

WHAT'S HOPPING AT SMILE SAVERS?

The Easter Bunny Recently Paid Us a Visit!

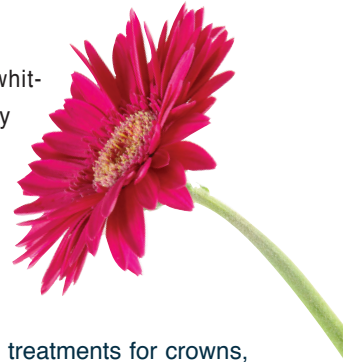


From April 4th until April 21st, **Smile Savers** is holding an Easter Egg Hunt for patients who have appointments or for those who drop by the office. Find an egg hidden somewhere in the office and look inside for a prize left behind by the Easter Bunny! It could be anything from a discount off of your cleaning, a lottery ticket, a whitening kit, candy ... *who knows* what that sly little bunny left for you to find!



Treat Your Mom for Mother's Day - Save \$100.

Not sure what to get your mom or wife for Mother's Day? How about a brighter, whiter smile!? Buy her a NiteWhite teeth whitening kit between now and Mother's Day and **Smile Savers Dentistry** will give you a \$100 discount on the kit. Contact Summer today for more information at 410-730-6460.



Spend Less Time in the Dental Chair with CEREC Single Session Tooth Restoration



Smile Savers Dentistry offers single visit tooth restoration treatments for crowns, veneers, fillings, inlays and onlays. Damaged teeth are restored with precisely-designed, color-matched and highly durable ceramic restorations right in our office with CEREC. The restorations have been proven precise, safe and effective and your tooth will be restored back to its natural form, function and beauty. Learn more about this cutting-edge technology with our newly launched website at marylandcerec.com or call the office today for a no-charge consultation.

Mission Statement

At **Smile Savers Dentistry**, we expect all of our patients to be healthier and happier during and after their treatment. We believe that a healthy mouth helps to make a healthy body. We will help you take care of your oral health and keep your teeth looking beautiful and feeling healthy for as long as you are a patient of ours. Our highly educated, competent and caring staff will take part in your oral health by providing you optimal dentistry in an atmosphere like no other dental practice in Howard County. We expect your care to be so good that you will refer family and friends in abundance!

got teeth?

Ask us how to get
a Smile Savers
Dentistry

got teeth?

t-shirt!

