



Useless But Smile Provoking News

- Dolphins sleep with one eye open.
- Your thumb is the same length as your nose.
- There are more than 200 kinds of chili peppers, none belong to the pepper family.

New Contest!

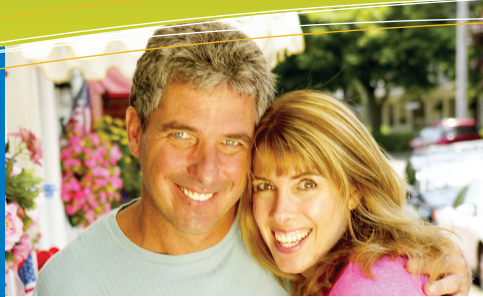
Jayme Schulman of Fulton is SMARTER THAN A DENTIST and she is the August Contest Winner! Jayme won an Oral-B electric toothbrush!

This month's contest: How many words can you make with **SMILE SAVERS DENTISTRY?**

The person who turns in the most legitimate English words will win a gift certificate to the Columbia Mall. The words must be found in the dictionary to be acceptable.

Join Us On Facebook!

Look us up on Facebook and "LIKE" our Fan Page for news, information, contests and more. facebook.com/smilesaversdentistry



"If you smile when no one else is around, you really mean it."
~ Andy Rooney

YOUR NEXT APPOINTMENT A Confirmation is Required.

Smile Savers Dentistry will call to confirm your dental appointment 48 hours prior to your scheduled time. If you can't be reached, we will leave a message with the details of your appointment. It's then your responsibility to call us back as soon as possible to confirm that you will be here. Please understand that we do not double book our patients. If for any reason you need to reschedule an appointment, it's your responsibility to give us 48 hours notice, as agreed to in your signed financial policy.

LANAP

Less Pain. Less Discomfort.

LANAP is the only procedure that actually helps the bone supporting your teeth to regenerate. This laser-based approach to treating gum disease makes it easier for you to return your gums to health and the process is far more comfortable than gum surgery. **LANAP** restores your whole mouth to health, reducing your body's susceptibility to the serious health problems associated with gum disease. Call for your free consultation on this revolutionary procedure today.



"My SSD Success Story!"

"After having braces removed I saw Dr. Stewart for much needed catch up dental work - teeth whitening, five crowns and cosmetic touch ups on the front teeth. Dr. Stewart and his staff treated me with patience, kindness and humor. By the end I had the beautiful smile I had hoped for. I'm so glad that I found Smile Savers - the place lives up to its name." **P.A.**

A WORD FROM DR. STEWART

Why the New Emphasis on Bleeding Gums?



I used to think a little bit of bleeding around the gum line was a normal thing since a majority of my patients had it. It's actually because 80% of the population has some sort of gum disease! Yes, that is the cruel reality. When your gums bleed either you have gingivitis; a reversible infection, or you have periodontal disease; a chronic infection that destroys the bone around your teeth. Gingivitis progresses if uncontrolled to periodontal disease. It's diagnosed by the bleeding, that's why the emphasis.

Your mouth is full of bacteria. What is bacteria able to do if your gums bleed? It gets into your blood stream. Bleeding gums are an open wound to your body and it's theorized as a major cause of other chronic diseases like heart disease. Just think, all these years searching for an answer to some of the most universal diseases and it's literally been right under our noses.

Bleeding gums are caused by bacteria sticking to teeth too long. The longer it stays untouched, the thicker it gets and the more destructive it becomes. Flossing and brushing keep the progression from happening, but there are areas you can't reach and that's the reason why you must maintain an active and scheduled periodic exam and cleaning appointment. You can't maintain this alone.

MEET DR. MANDRAS

SSD Welcomes Dr. Mandras to Our Growing Practice!

Dr. Jonathan Mandras joined Smile Savers this year. Dr. Mandras grew up in the Owings Mills, Maryland area. After graduation from the University of Maryland, College Park, he pursued his dental career at the Baltimore College of Dental Surgery and graduated in 2007. Dr. Mandras completed a one year general dentistry residency at Bay Pines VA Hospital in St. Petersburg, Florida and then returned to Maryland to practice dentistry.



This upcoming November, Dr. Mandras and his fiancée Erin will marry in Michigan. Outside of the office Dr. Mandras enjoys sports, traveling and spending time with his family.



Smile Savers
DENTISTRY

smilesaversdentistry.com



Are You Scheduled?

Are you scheduled for your regular check up and cleaning? If not, call us today at 410-730-6460.

Innumerable studies and research have concluded on the importance of starting children early in their lives with good dental hygiene and oral care. The most common chronic childhood disease in America is tooth decay, affecting 50% of first-graders and 80% of 17-year-olds. Early treatment prevents problems affecting a child's health, well-being, self-image and overall achievement.

Reasons for good dental health doesn't stop there. In recent years, bacterial inflammation involved in gum disease has been linked to chronic health problems like stroke, coronary artery disease, and premature low birth weight babies. Our doctors and hygienists take great care to identify and treat gum disease early to keep you and your mouth healthy! Call today to schedule an appointment.

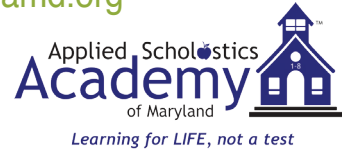
got teeth?

Ask us how to get
a Smile Savers
Dentistry

got teeth?
t-shirt!

Applied Scholastics Academy of Maryland - www.asamd.org

Applied Scholastics Academy of Maryland is excited to announce the launch of their new website! Founded by Dr. Stewart and his wife Judy, **ASAM** is a private school for Kindergarten through 8th grade students in Silver Spring. Visit asamd.org for more information about the school.



Mission Statement

At **Smile Savers Dentistry**, we expect all of our patients to be healthier and happier during and after their treatment. We believe that a healthy mouth helps to make a healthy body. We will help you take care of your oral health and keep your teeth looking beautiful and feeling healthy for as long as you are a patient of ours. Our highly educated, competent and caring staff will take part in your oral health by providing you optimal dentistry in an atmosphere like no other dental practice in Howard County. We expect your care to be so good that you will refer family and friends in abundance!

