



SmileSavers Dentistry  
9170 Rt. 108 ~ Columbia, MD 21045  
410-730-6460 ~ fax 410-730-1092

# News to Save Your Smile

## A Word From Dr. Stewart

### Useless but Smile Provoking News:

- A Goldfish's attention span is three seconds
- You share your birthday with 9 million others in the world
- 1/4 of the bones in your body are in your feet
- Chewing gum while peeling onions will prevent you from crying

Well, summer is here and we are getting lucky on the weather! I want to remind all of you of the importance of staying on your recare schedules. I got to thinking the other day and I said to myself ...what is the most important thing I can offer a patient that really does affect their health long term? No, it is not a filling or crown, it is their periodic examination and cleaning.

"It is only a cleaning" is just that, a very thorough cleaning one day in your life— not too life changing. But it isn't the actions of taking plaque and tartar off that makes you healthy, it is what you learn or what you take home as knowledge

on how to stay healthy. How many of you can say that you know why you floss and brush? Many of you witnessed on your first examination with me that dreaded microscope slide showing you the good and bad bacteria. How many of you know why flossing doesn't prevent gum disease if you already have it? Why is it that heart disease and gum dis-

ease are related? Forgot? It is time to get back on schedule and stay on schedule. Research proves it. Miss your appointment and the chances are you won't be back in for two years— a long time in health terms.

So, for all of you who have fallen off the wagon, expect calls, mail, smoke-signals, etc... until I see you back, for if you are not healthy than you need help!

See you on the schedule!

Dr. Stewart



## Win \$100 Best Buy Gift Card!!!!

Did you hear? Smilesavers will put your name in a monthly drawing for \$100 Best Buy Gift Card each time you send a friend or family member to our practice. Have your referral mention your name when they call to schedule their new patient exam. We will also give you \$100 towards your next appointment with us. Care enough to share the gift of healthy gums and teeth!

## An *INVISALIGN* Success Story

I have been considering Invisalign for a few years, but just didn't know where to go. I met Dr. Stewart on a recommendation of a neighbor...He explained the Invisalign process thoroughly and with the help of computer imaging he was even able to show me what my teeth would look like before I wore the first set of braces! ...The entire process took less than a year and I am very happy with my results. I know I smile more now because I know my teeth look Great! -JD

*Call the office today to find out more about **INVISALIGN** braces, the clear way to straighten teeth!*

Are you reading what we send you? Find the misspelled word in this month's addition of *News to Save Your Smile* and get 10% off your next cleaning appointment.

The first caller to the office wins!



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Www.SmilesaversDentistry.com

## *Our Mission*

*We expect all of our new patients to be healthier and happier during and after their treatment. We will take responsibility for this by providing you denistry in an atmosphere like no other dental practice. You will take ownership of your oral health and can expect to keep your teeth for your lifetime. We will provide all of this with a highly educated, competent and caring staff. We expect your care to be so good that you will refer family and friends in abundance!*

**Dr. Daniel C. Stewart**



We Are on the Web  
[www.SmilesaversDentistry.com](http://www.SmilesaversDentistry.com)



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