



Useless But Smile Provoking News

- The first product to have a bar code was Wrigley's gum.
- When the moon is directly overhead, you weigh slightly less.
- It is impossible to lick your elbow.



Thank You!

The best compliment we receive is your referral of friends and family. We welcome them to our practice and offer a special new patient exam price of \$197, (in absence of gum disease). This includes an exam, cleaning, X-rays and consultation. In return, you receive a \$100 credit!

Find Us Online...



smilesaversdentistry.com



"Smile, it is the key that fits the lock of everybody's heart."

~ Anthony J. D'Angelo

Eight Steps to Dental Health:

It takes more than just brushing.

Step 1: Understand your oral health needs. Your oral health depends on many factors that include your diet, the type and amount of saliva in your mouth, your habits and overall health and oral hygiene routine.

Step 2: Commit to a daily oral health routine. Discuss your oral health practices with your dentist or hygienist and come up with a basic routine based on your health or special needs.

Step 3: Use fluoride products. Fluoride strengthens developing teeth in children and helps prevent decay in adults.

Step 4: Brush and floss to remove plaque. Bacteria in plaque can cause gingivitis and other periodontal disease. Everyone should brush at least twice a day and floss once a day.

Step 5: Limit snacks, especially those high in simple sugars. These foods provide fuel for bacteria in plaque which then produce acid. This acid can break down the enamel surface of your teeth leading to cavities.

Step 6: If you use tobacco products, quit. Smoking and smokeless tobacco increases your risk of oral cancer, gingivitis, periodontitis and tooth decay. It also contributes to bad breath and stains your teeth.

Step 7: Examine your mouth regularly. Check for swollen gums, chipped or discolored teeth, and sores or lesions on your gums, cheeks or tongue.

Step 8: Visit the dentist regularly. Speak with your dentist about how often YOU should visit. Those with health problems may have to visit more frequently to maintain good oral health.

A WORD FROM DR. STEWART

Over-the-Counter Alternatives

As many of you know, I have constantly strived to bring new effective technology to the office. Besides dentistry, I also have my eye on the alternative medicine field.



I recently read an eye-opening book about some natural over-the-counter supplements which may have great benefits for your health. It is very enlightening and has really given me a critical eye about those supposed helpful medications which I see physically destroying many of my patients. The book is titled *"Over-the-Counter Natural Cures"* and is written by Shane Ellison, M.S.

Write me back or tell me what you think at next your appointment.

Regards,
Dr. Stewart

SERVICES OFFERED BY SMILE SAVERS

Are You Scheduled for Your Regular Check-Up?

Smile Savers Dentistry offers cleanings, extractions, periodontal treatment, oral cancer screenings, CEREC, tooth colored composite fillings, crowns, root canals, bridges, dentures, implants, veneers, pain free laser gum surgery (LANAP), Invisalign (clear braces), night guards, TMJ treatment and teeth whitening. We also handle emergency dental issues!

HAVE YOU FOUND US ON FACEBOOK YET?

"Like Us" on Facebook before July 1st and be entered to win a gift card to Dunkin Donuts! After you *"Like Us,"* post a friendly hello so that we know that you're part of our Facebook community and we make sure that you are entered into the drawing.
facebook.com/smilesaversdentistry





got teeth?

Ask us how to get
a Smile Savers
Dentistry

got teeth?

t-shirt!



My SSD Success Story - *Thanks!*

“On behalf of TG and MW, I want to extend my sincere “Thanks” for helping them get a “New Smile!” As I have communicated to you, TG and MW were homeless when I took them in. I did not do this without making sure that their intentions were to work towards being employed and helping my husband and me out where they could. This they have done and more. They are so grateful!

They have now been living with us for 7 months, and as I relayed to you, their dental conditions were less than optimal. The fact that they had rotting teeth, loose teeth due to gum disease and no teeth was hard for me to realize. When I came in for dental care in November 2010, I shared my story with you. One of my goals for both of them was a “New Smile.” You and your staff were so compassionate to their needs. I knew that their dental care would be more than I could afford, but I was willing to sacrifice to give them dentures. With you and your dedicated team giving generous donations of x-rays, evaluations, teeth cleaning, teeth pulling and fillings, it made it possible for me to pay a nominal fee for the dentures.



I must say it has been an overwhelming experience in helping two people who had nothing. We have all shared in that joy. As I continue to look for employment for MW, help TG and MW get their driver’s licenses back, and supply their many needs, Smile Savers was there to give their support in giving them something I could never have begun to give, A SMILE!” **S.R.**

Mission Statement

At **Smile Savers Dentistry**, we expect all of our patients to be healthier and happier during and after their treatment. We believe that a healthy mouth helps to make a healthy body. We will help you take care of your oral health and keep your teeth looking beautiful and feeling healthy for as long as you are a patient of ours. Our highly educated, competent and caring staff will take part in your oral health by providing you optimal dentistry in an atmosphere like no other dental practice in Howard County. We expect your care to be so good that you will refer family and friends in abundance!

